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Description

SexOS is a free application which deals with the most common problems, big and small, related to male sex life and naturally, their possible solutions.

Multimedia and interactive, SexOS is a useful and immediate but rigorously scientific guide, where one can find an initial response to many doubts and peculiarities, advice and suggestions on how to make love better and for the rest of their life.

It can also be used as an actual manual, which can be consulted when quick and concrete help is needed.

Written by andrologist, Professor Alessandro Littara in simple language suitable for all, SexOS accompanies the user ("beginner" or "expert") on a personalised navigation path on the following subjects: male anatomy, erections, premature ejaculation, disturbances and peculiarities



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Who is Professor Alessandro Littara

Born in Pisa on 15 April 1964

- Degree in Medicine and Surgery with top marks from the University of Pisa
- Specialization in "General Surgery" at the Università degli Studi di Pisa (Institute of general and experimental Surgery, Cisanello Hospital, Pisa), with a thesis entitled: "Surgical therapy of varicoceles: modern orientation".
- · Specialization in "Ultrasound diagnostics in Surgery" at the University of Pisa
- Specialization in "Andrology module operator" at the University of Pisa
- · Specialization in "Sexology" at the University of Pisa
- Winner of the concourse to attend the "European School of Andrology and Andrological Surgery" (organised in European centres of excellence by the Italian Andrological Society)
- Certification for LVR (Laser Vaginal Rejuvenation) and DLV (Designer Laser Vaginoplasty) procedures, at the Laser Vaginal Rejuvenation Centre of Los Angeles, directed by Dr David Matlock.
- Contract Professor of Reconstructive Uro-genital Surgery, University Of Pisa







- Training (1991) at the Centre for Andrology of the University of Pisa (directed by Professor G.F. Menchini Fabris), where he currently works as an external collaborator. He also specialized as an Andrology module operator and in Medical Sexology, at the same centre.

Long collaboration with the Istituto di Chirurgia Generale II - Unità Operativa di Endocrinochirurgia (directed by Prof. P. Miccoli), of the Università degli Studi di Pisa, with respect to surgical practice.

Student of Uro-andrological surgery as taught by Prof. E. Belgrano (director of the Urology clinic of the University of Trieste) and Prof. F. Carmignani (director of the Urology clinic of the University of Genoa) for more than five years, staying up-to-date with Avant-guard Uro-andrological and gynaecological urology surgical techniques.

Adjournment at the Istituto San Raffaele of Milan in the Urology department directed by Prof. Rigatti.

Head of the medical and surgical Andrology-sexology branch at the Casa di Cura "Mercurio-Quisisana" of Montecatini Terme (PT), where he participated in about 1000 andrological surgery, Uro-gyneacological and general surgery operations in the capacity of first operator and also as assistant.

Participation as a student at the "European School of Andrology and Andrological Surgery", organised by the Italian Andrological Society in European centres of renowned excellence.

Practices as a freelance professional in the field inherent to the medical and surgical diagnosis and therapy of pathologies of Uro-andrological, uro-gyneacological and sexological nature.

Numerous appearances as a speaker at many congresses of Uro-andrological and plastic-cosmetic nature. Strong supporter of computerization, and author of the first Italian website dedicated to andrology (website of the Andrology Centre of Pisa) and since 1996 has been furnishing an information service for the public through his own website (www.androweb.it).

Radio 24 collaborator with regards to medical and surgical andrology and sexology. He collaborates with national newspapers, weeklys and monthlies with wide distribution and also with national and regional television programmes. He conceived and conducted a radio transmission dealing with sexology (SessoOS) at a local Tuscan radio station for two years. He participates as a subject matter expert in the transmission "Istruzioni per l'uso" presented by Emanuela Falcetti on Radio 1 and Radio 3.

Founder and head of the "Centro di Medicina Sessuale" of Milan, where all pathologies of the sexual and reproductive sphere for both males and females are treated. He manages a multi-disciplinary team made up of andrologists, gynaecologists, assisted reproduction specialists, psycho-sexologists, psychiatrists, plastic-cosmetic surgeons and lawyers.

Training and certification to perform procedures of female genital laser surgery at the Laser Vaginal Rejuvenation Centre of Beverly Hills, directed by Dr. David Matlock. Surgeon affiliated with and certified to perform DLV (Designer Laser Vaginoplasty), LVR (Laser Vaginal Rejuvenation) and G-Spot Amplification procedures, by the said centre.

He currently works as a freelance professional and consults in Milan, the main seat, and periodically in Rome and Viareggio (LU). He collaborates with centres specialising in Infertility therapy for couples, and is a contract Professor of Uro-genital Reconstructive surgery at the University of Pisa. Membership in Scientific Societies:

- Member of the Italian Society of Andrology (S.I.A.)
- Member of the Italian Society of Andrology and Sexuality Medicine (S.I.A.M.S.)
- Advisor of the Italian Society of Sexology and Sex Education (S.I.S.E.S)
- Member of the Italian Society of Male Genital Surgery (S.I.C.G.E.M.)
- Member of the European Society of Sexual Medicine (E.S.S.M.)
- Member of the International Society for Sexual and Impotence Research (I.S.S.I.R.)
- Member of the American Academy of Cosmetic Surgery (A.A.C.S.)
- Member of the American Academy of Phalloplasty Surgeons (A.A.P.S.)
- Advisor of the European Association of Genital Plastic and Cosmetic Surgery and Rejuvenation (A.R.P.L.E.G.)